



Conscious Leadership Programme

Starting in March 2025

In 2025, we are offering an evolution of our popular Leadership Mastermind programme: **'The Conscious Leadership Programme.'**

In this programme, we blend a leadership model, **'The 15 Commitments of Conscious Leadership,'** (Dethmer, Chapman, Warner Klemp 2014) with MSB's facilitation.

The Conscious Leadership Model is the most transformational, challenging and practical theory of leadership we have come across yet.

It's eye-opening, heart-opening and a lot of fun to explore.

In this programme, we will introduce you to the principles of Conscious Leadership and apply them to scenarios you are facing.

What is Conscious Leadership?

Conscious Leaders are aware of where they are.

They are either:

above the line in **presence, curiosity, and learning**

or below the line in **drama, defensiveness and being right.**

As you can imagine, being above or below the line has a significant impact on the culture you are creating and sustaining.

Conscious Leaders regularly ask themselves, **Where am I?** Above or below the line?

Then they take full responsibility for where they are and get curious about how to shift, or, about what's stopping them from shifting. This changes everything.

Why Conscious Leadership?

Conscious Leaders:

- Notice and take responsibility for repeating patterns within their teams, making way for progress.
- Make and keep clear and robust agreements
- Become more emotionally and somatically intelligent
- Are open and honest in a way that deepens trust
- Save time by ending drama and gossip
- See everything as an ally and an opportunity for growth
- Know the importance of presence, and a tolerance for uncertainty.

How it works:

- We invite you to be fully present for eight group sessions per year of 90 minute
- You will join a close-knit group of up to 10 other international school leaders and support each other in navigating leadership challenges using the CLP model and tools.
- Our MSB facilitators will create a coaching space where there is the possibility of transformation in your perception of yourself, your relationships and the world around you.
- You work with an MSB coaching for up to 12 sessions to integrate your learning between sessions.

2025 Dates

Dates	CLP Focus
March 6th	Aligning Commitments Locating ourselves as a leader
April 10th	The Drama Triangle Understanding the roles we can play once we locate ourselves
May 8th	Teaching Your Drama Class Identifying the right conditions for growth
June 12th	The Hidden Iceberg What's your hidden iceberg? What are you committing to?
September 11th	100% Responsibility Understanding our commitments
October 2nd	Curiosity vs Being Right Explore the natural desire to be right, and how being right can impact on culture
November 6th	Feel don't Suppress Learn how committing to 'feel' and not 'suppress' can shift the entire culture of a team
December 4th	Facts vs Stories Explore how our stories affect our leadership presence

IMPORTANT: All sessions are on Thursdays and start at 7am GMT

Your Programme Leader: Julie Rees

Facilitators: Gill Kelly and Naomi Ward

How this program is aligned to our MSB Values:

Adventure: CLP is a confidential space for leaders to explore their thinking, being and doing whilst receiving support and challenge from peers across the world within the framework of CLP.

Integrity: MSB communicates with clarity the expectations of CLP, the value of the program and knows we invite clients who we believe will benefit from this forum.

Conversation: CLP encourages leaders to use coaching frameworks to structure their conversations, giving participants the opportunity to think and reflect on their next steps.

What is the investment?

The cost of the programme ranges from £2500 to £5660 depending on your circumstance and starting point.

Book a call with one of our friendly team to claim your space.